Better Childhoods, Made Possible By You.



2019-20 **COMMUNITY REPORT**

















Everything that our girls are is because of Children's Hospital and the donors who helped ensure they had the best care.

"Ema and Luna were born at 22 weeks gestation – less than six months into my pregnancy. Our family was urgently transferred from Windsor to London for specialized neonatal care.

Children's Hospital in London supported our girls through severe breathing issues, infection, sepsis, kidney failure and grade one brain bleeds. Their health care team, with the help of donors, gave them the best possible chance to not just survive but enjoy full childhoods.

Ema and Luna are one years old now, and we can't imagine life without their love and smiles. Thank you!"



You Make **Better Childhoods** Possible.

When Ema and Luna were born too soon...

When Joey faced cancer...

When David struggled to walk...

You helped to ensure our children in Western Ontario received the best care and the most hope. You made better childhoods possible.

Because you cared, these children and many more are home enjoying life with their families and thriving.

Your generosity over the past year has funded critically-needed medical equipment, programs and care innovations to protect kids with serious health issues and help them just be kids.

Thank you for supporting the work of Children's Hospital at London Health Sciences Centre, Thames Valley Children's Centre (TVCC) and Children's Health Research Institute (CHRI), with fundraising revenue totaling more than \$10.9 million in 2019-20.

Thank you for giving the gift of better childhoods!

With sincere gratitude,



R. St Form

- Scott Fortnum, President and CEO, Children's Health Foundation



Elana Johnson

Elana Johnson, Chair,
 Board of Directors, Children's
 Health Foundation







families at Children's Hospital

You Are Part of an **Amazing Community.**

















Your Generosity in Action Funding Highlights for 2019 - 2020



More Equipment Bought to **Protect Fragile Babies**

Children's Health Foundation launched a campaign to raise \$1 million for neonatal intensive care at Children's Hospital and succeeded. Leveraging medical advancements, the unit is saving more premature and critically ill babies than ever before and these little patients are requiring longerterm care. You helped to ensure that our medical professionals have the resources they need. Thanks to your generosity, the unit could purchase stateof-the-art equipment and deliver two best practice programs – so these babies can not only survive but thrive!



Vital Programs Expanded to Support Sick Children

Children facing serious health issues have greater access to therapeutic support – because of you! Donations this past year helped expand the Child Life and Music Therapy Programs. With additional staff, they can better respond to the needs of patients. Child Life uses the power of play, while Music Therapy uses the power of music, to reduce kids' stress and anxiety and bring fun to their hospital rooms. They also motivate young patients to embrace their tests and treatments by helping them be less fearful of the medical system.



Competition Launched to **Drive Scientific Innovation**

New and promising research projects can find it challenging to get funding. This is because many traditional funders typically like to support a sure thing. Fortunately, there are philanthropists like you! Your generosity helped launch The Scientist Innovation Grant Competition at CHRI this past year. A peerreview panel chose three of the most ground-breaking ideas from among the applications, including one for pain research. Pain is the most common reason why children visit the hospital and an area lacking in consistent research.

<image>

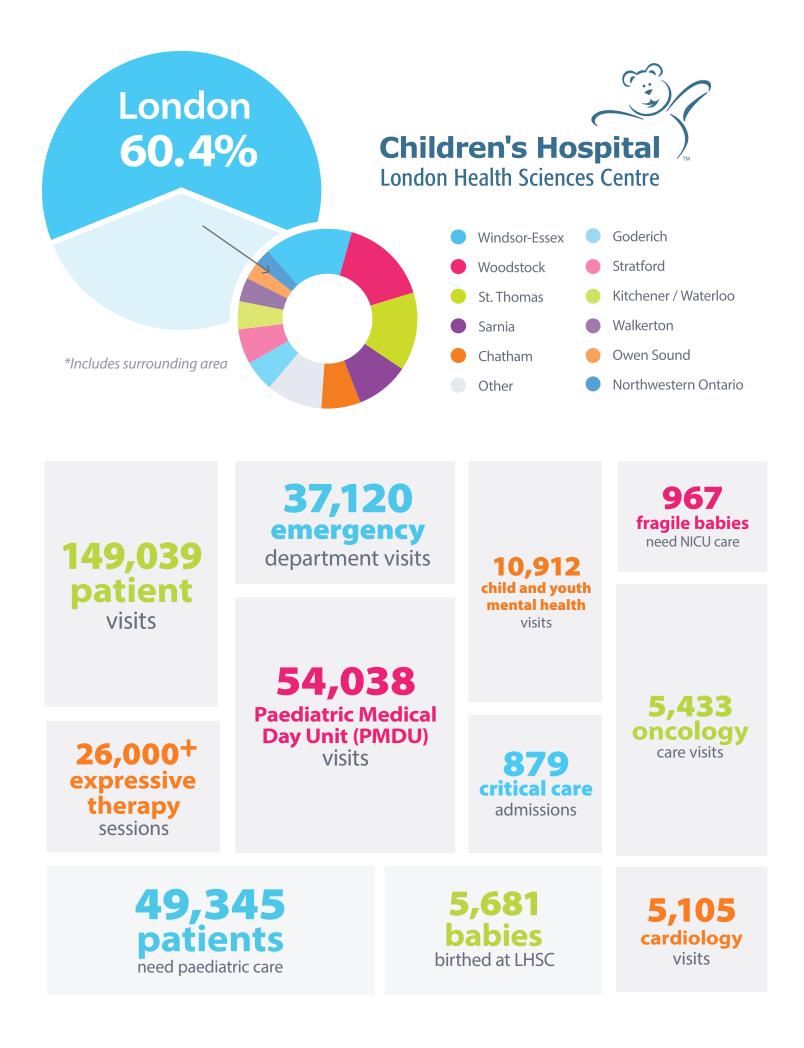
New Technology To Teach Children with Disabilities

Your care made it possible for TVCC to purchase technology for teaching children with disabilities how to control a power wheelchair. Clients can now use a simulator to safely learn controls and directional movement at home, school or in the centre. Since they aren't actually moving around the room, it reduces the risks involved and helps the child be more comfortable with the process. Thanks for helping kids move and be more independent!



Increased Hours at Centre to **Uplift Families**

Families at Children's Hospital are receiving enhanced support throughout their child's health care journey. Your gifts helped to expand the hours and services of the Paediatric Family Resource Centre this past year, as well as introduce a new youth peer support program. Families turn to the centre when they need help accessing community services, technology, medical information, financial assistance or emotional support from someone who has experienced what they are going through.





On a family camping trip, Teaghan started feeling pain in her stomach, back and head.

Her parents, Lisa and Darcy, thought it might be from the long days of playing and riding bikes – but the pain didn't go away.

Teaghan was only seven years old and the family was concerned. Lisa took her to a paediatrican. That was when they discovered her liver was enlarged.

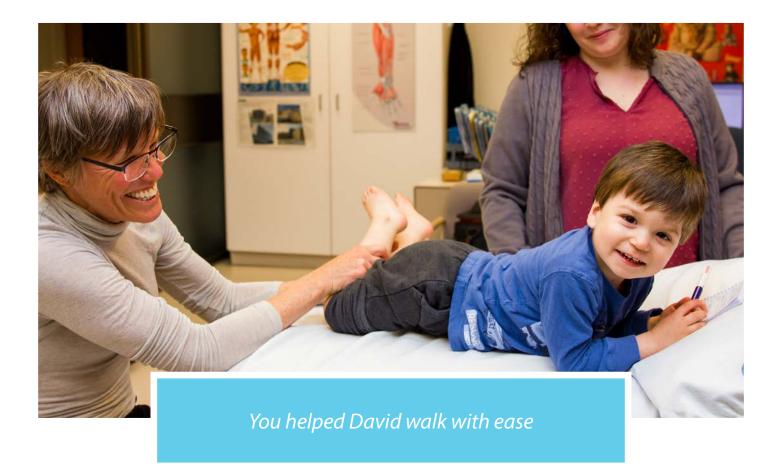
Teaghan was referred to Children's Hospital. After multiple tests and a liver biopsy, the hospital determined that Teaghan had a rare, metabolic disorder. Lysosomal acid lipase deficiency (LAL-D) causes fatty tissue to build up, leading to liver failure.

"It was the worst day of my life," says Lisa about learning her daughter's diagnosis. "Just Teaghan and I went to the appointment. My husband wasn't there because we didn't think it would be that serious." Children's Hospital monitored Teaghan's condition. They supported her family in slowing the progression of the disease, as they waited for the release of the first medication for treating LAL-D.

Now on the life-saving enzyme medication, Teaghan's liver is back to normal size and is doing fantastic. She is a happy 13-year-old who loves to play baseball and swim.

Every two weeks, she visits Children's Hospital for treatment. Fortunately, she has lots of friends there to make her stays easier, like Erika her Child Life Specialist, Gill her Art Therapist, and Ollie the Therapeutic Clown!

Thank you for funding Expressive Therapy Programs that let kids, like Teaghan, still enjoy being kids while at Children's Hospital.



It was a special moment for Curt and Melanie when their little guy took his first steps.

Not quite a year old, David precariously moved one foot in front of the other as his parents excitedly cheered him on. However, excitement turned to worry as they realized he was walking unusually. He used only his tippy toes.

Curt and Melanie consulted medical professionals in Sarnia and were referred to London for more specialized support.

"We were really worried about how David's irregular walking could impact him as he grew older. What would it mean for his confidence, ability to make friends and his overall life?" says Curt.

The family connected with Children's Hospital and TVCC. The organizations worked

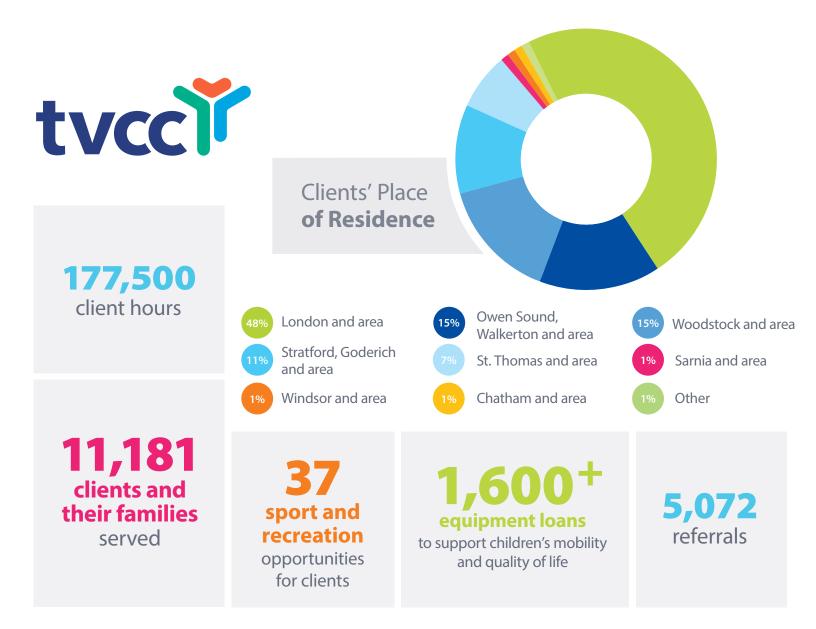
collaboratively to give David the best chance to improve his mobility.

To loosen his tight leg muscles, David received botox injections at the hospital and underwent a series of castings at TVCC. He also received anklefoot orthoses to wear at night.

Today, David walks as most children do, the majority of the time. His parents are optimistic that he will continue to progress even further.

"David is doing very well. He's growing up so fast and he is enjoying being active. He loves to swim, jump off the diving board and play in our backyard," says Melanie. "Thank you for supporting him!"

Caring donors, like you, help to fund the Splinting and Casting Program at TVCC. Without you, David would have struggled to get the support he needed to walk with ease.





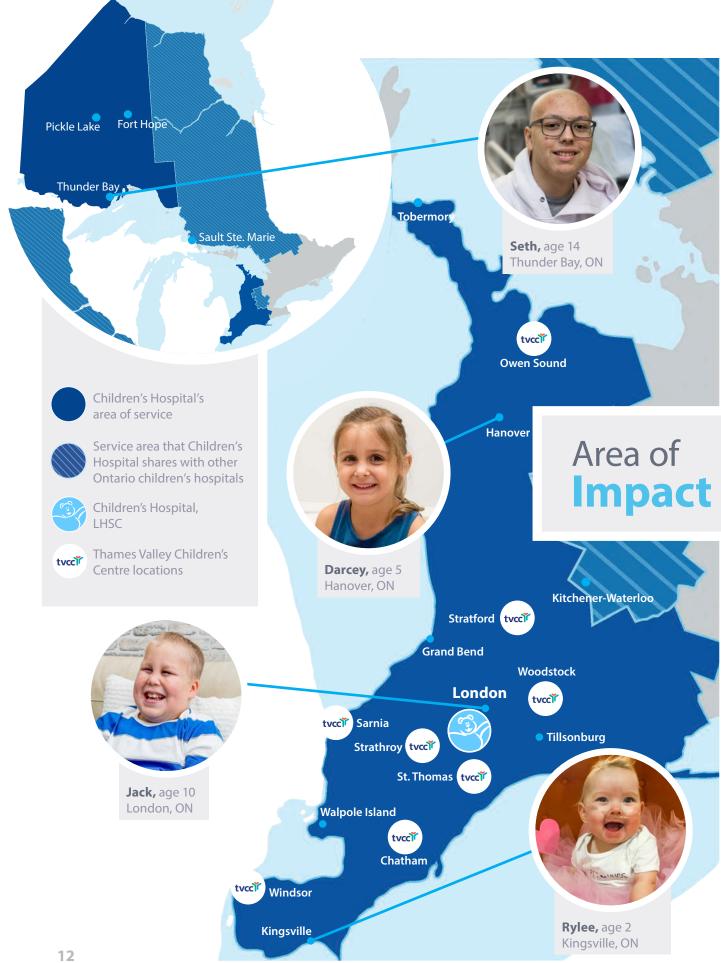
Established in 1987

3rd largest

hospital-based child health research institute in Canada **110 scientists**

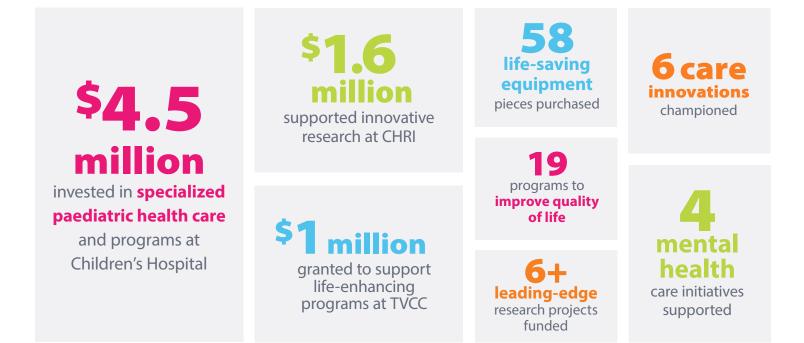
& associate scientists conduct research

CHRI attracts about **20 million** in research income 500+ peer reviewed publications produced





How you supported great care in our region this past year:



Our Health Care Partners Say, **"Thank You!"**



– **Dr. Jackie Schleifer Taylor,** *President of Children's Hospital*

"You positively impact the care of children every single day.

When children and families in your community are facing serious health issues they turn to Children's Hospital in London. Our hospital delivers the most advanced paediatric care in Western Ontario – and it's your generous support that helps us to stay at the forefront.

You empower us to provide the best possible patient- and family-centred care. We are inspired to innovate and find new possibilities in paediatric medicine to better protect the thousands of children we care for each year.

Thank you for helping save and improve young lives. You are giving kids beautiful childhoods and futures."



- Dr. Victor Han, Director of Children's Health Research Institute



– Jill Craven, CEO of Thames Valley Children's Centre

"Philanthropy is absolutely vital for scientific advancement. Many donors are bold. They are willing to take risks. As a result, they spark gamechanging discoveries that significantly transform health care to save more kids and give them quality of life.

Traditional funders can often be restrictive and incredibly competitive. Great ideas get left on the table – unless philanthropists pick these ideas up and champion them.

This past year, donors gave \$1.6 million to Children's Health Research Institute. Our scientists and staff leveraged that generous support into \$19.7 million to explore exciting projects with great potential to yield new therapies and diagnostics.

Thank you for funding game-changing research to protect our greatest resource: our children."

"Childhood is precious. You help clients and their families to embrace every moment. At TVCC we receive government funding to deliver services to children and youth across 10 counties in Southwestern Ontario with special needs, including physical disabilities, communication disorders, developmental delays and autism spectrum disorders.

However, it is caring individuals, like you, who help us offer families quality of life programs that foster our family-centred approach and the development of physical, social, emotional, communication, behavioural and life skills. Because of you, children with disabilities will participate in their first staged play, or be able to work out in a gym with equipment that meets their specialized needs. Parents will also be able to attend a getting ready for school group that eases their fears about the first day of school and many other groups.

Thank you for your generous support of the clients and families of TVCC and helping us focus on ability versus disability."



2019-20 Children's Health Foundation Board of Directors

Ms. Elana Johnson, Chair Mr. Trevor Delaire, Past Chair Mr. Joel Shapiro, First Vice Chair Ms. Valerie Rousom, Second Vice Chair Mr. Bob Morrill, Treasurer Ms. Barbara Legate Ms. Ann Marie Antoniou Mr. Paul Creighton Dr. Steven Harrison Mr. Michael Malleck Dr. David McCutcheon Ms. Farah Rohoman

Ms. Justine Zavitz

London Health Sciences Centre Board Representative

Mr. Bruce Woods

President and CEO, Secretary to the Board

Mr. Scott Fortnum



Our Vision

Saving lives and improving children's health and quality of life.



Our Mission

Inspiring caring people to donate to support excellence in children's health care and research at Children's Hospital, Thames Valley Children's Centre and Children's Health Research Institute.



345 Westminster Avenue, London, ON N6C 4V3 www.childhealth.ca | 519-432-8564 Charitable Registration #118852482RR0001

(f) (a) (y) (a) (in) - @CHFhope