











YOU STOOD BY OUR KIDS

WHEN THEY NEEDED YOUR HELP MOST.

The global pandemic drastically changed our lives, almost overnight.

It's been scary. It's been tiring. And, it also reminded us what matters.

When we asked our community to come together and stand by our kids, you answered with a generous heart – because our kids matter.

You recognized that even though paediatric health care hasn't experienced the same surge in COVID-19 cases as the adult side, there are still many kids who are facing other serious health issues. And, the virus has complicated their care.

Your support, combined with others, has ensured that our health care partners – Children's Hospital at London Health Sciences Centre, TVCC and Children's Health Research Institute – could address urgent and emerging issues caused by the global pandemic.

You provided families with meals, accommodation and financial resources, when many community resources that they rely on for support while their child is in hospital were forced to temporarily close their doors.

You helped lessen the isolation and anxiety families were feeling in hospital when visitor policies had to be very restrictive.

You also helped to strengthen mental health supports as an increasing number of young people struggled with anxiety, depression and eating disorders.

Your combined support did all this and more. It ensured that a hybrid of virtual and in-person care was possible and ongoing high priority needs could be met.

Thank you for standing by our kids when they needed you most.

With sincere gratitude,

SITE OF THE PARTY OF THE PARTY

- SCOTT FORTNUM,
President and CEO,
Children's Health Foundation

- ELANA JOHNSON, Chair, Board of Directors,

Children's Health Foundation

















THE BURGER'S
PRIEST DONATES





STAND BY ME: CAMPAIGN HIGHLIGHTS

Children's Health Foundation launched the Stand By Me fundraising campaign to inspire our community to support the many young patients facing serious health issues during COVID-19.

The response to the campaign has been astounding. You have helped to raise more than \$4.2 million to ensure the best possible care at Children's Hospital. Most importantly, you helped with urgent and emerging needs as the global pandemic has continued.

We are truly grateful to a special group of community-minded leaders who rallied around patients and families by joining our Stand By Me Circle of Champions. Each member donated \$10,000 or more this past year, making a profound difference for our shared cause.

YOU GAVE THE GIFTS OF:



You helped families feel emotionally safe and supported during great uncertainty.

Having a child sick in hospital is never easy. But, the global pandemic has made the experience even more challenging. New safety restrictions limited visitors, closed playrooms and kept families largely confined to their hospital rooms. Your support helped reduce feelings of isolation and anxiety by providing families at Children's Hospital access to Expressive Therapy Programs. Through therapeutic play, art, music and clowning, children laughed, had fun and felt safe and relaxed while undergoing care during great uncertainty.



You ensured families had critical access to much-needed mental health resources.

Lockdowns and restrictions have affected our children's mental well-being. They have experienced increased stress from remote learning and little daily structure, they are missing important life milestones, and job opportunities for youth have been greatly reduced. As a result, medical professionals are reporting an increase in young people presenting with anxiety, depression and eating disorders. Your generosity has strengthened Children's Hospital's mental health care programming. You have helped support the adoption of virtual and inperson care and lay the groundwork to expand services to better address wait lists.



You provided families with food, shelter and financial resources in times of need.

Families of kids in hospital had access to services they normally rely on interrupted because of COVID-19 restrictions. This included subsidized accommodations and on-site meal services. Fortunately, because of you and other generous donors, Children's Hospital's Family Assistance Program was able to act quickly to support affected families. Staff helped arrange and fund about 66 hotel stays and 1,883 meals last year. Vulnerable families also benefitted from assistance with parking, travel, medication, internet access and more.



You equipped medical professionals with the tools to save lives.

State-of-the-art equipment is critical to providing the best possible care to our children. Your support helped to replace and upgrade 89 pieces of equipment to enable Children's Hospital's medical professionals to save lives. Our Emergency Department was able to purchase a vitally needed Point of Care Ultrasound, which provides an in-depth view of a patient's organs at the bedside. Health professionals have harnessed its power to assess patients presenting with respiratory complaints, including possible COVID-19, and other signs of trauma. Donations have also helped to purchase an advanced neonatal incubator, a bronchoscope, a video laryngoscope and more.



You stood by Seth and his family as he faced cancer and survived.

Seth was 14 years old when medical professionals diagnosed him with diffuse B-cell non-Hodgkin's lymphoma, an aggressive form of cancer that was in his liver and spine.

"I remember thinking cancer happens to other people. It doesn't happen to your kid," says Seth's mom, Sheri.

When his family found out in fall of 2019, they put their lives on hold and moved from Thunder Bay to London for specialized care at Children's Hospital.

Seth endured months of draining chemotherapy treatment. Then the world pandemic started. The hospital experience became even more challenging and stressful as the family grappled with the fear of the virus and new safety restrictions.

With your generosity, Seth and his family received the medical and emotional support to get better and return home. You ensured our medical professionals had the tools and resources to deliver life-saving treatment. You also ensured Seth had access to care-enhancing programs that helped him laugh and have fun – even on his hardest days in hospital.

"Ollie the Therapeutic Clown was a huge support in helping Seth stay positive," says Sheri. "Seth and his brother loved challenging Ollie's drawing skills. He would blow up blue medical gloves and doodle on them. The boys would think of the weirdest things and ask for them on a Hulk body. You should have heard their laughs. It was music to my ears to hear them enjoying themselves despite all we were facing."

Today, Seth is in remission. His hair has grown back, he is full of energy and he is thriving.

"It feels wonderful to see him back in our house with his siblings," says Sheri. "I'm grateful to all of the medical professionals and staff who made his recovery possible and to the donors who helped him through this difficult and complex time."



AN UPDATE ON CHILDREN'S HOSPITAL



161,690

patient visits



56,564

patients needed



5,749

oncology care visits



986

fragile babies needed the Neonatal Intensive Care Unit



4,652 cardiology visits



575

critical care admissions



5,486

infants were born at London Health Sciences Centre



55,330

Paediatric Medical Day Unit (PMDU) visits



21,180

emergency department visits *down 42% from previous year



13,389

child and youth mental health visits



1,078

children transferred from other facilities



41,551

appointments completed virtually

- Windsor-Essex
- Woodstock
- St. Thomas
- Sarnia
- Other
- Chatham
- Chathan
- Stratford
- Stration

Goderich

- Kitchener/Waterloo
- Walkerton
- Northwestern Ontario
- Owen Sound

*including surrounding area



LONDON 68.9%

CHILDREN'S HOSPITAL'S REACH

AN UPDATE ON TVCC + CHRI





2,972 patient referrals



10,934

clients and their families served



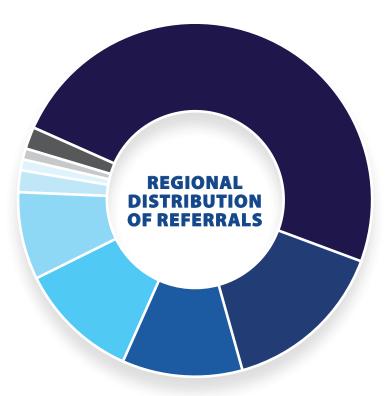
148,275

hours of client care



75%

of services were provided by phone, email or video conference



- London and area
- Owen Sound, Walkerton and area
- Woodstock and area
- Stratford, Goderich and area
- St. Thomas and area

- Windsor and area
- Sarnia and area
- Chatham and area
- Other



ESTABLISHED IN 1987



137

scientists & associate scientists conducted research



580+

peer reviewed publications produced



3rd largest

hospital-based child health research institute in Canada



\$48 million

in research income is attracted for CHRI annually



You are helping Brezlynn to defy the odds.

The nine-year-old is walking, talking and thriving – even though medical professionals thought she may never have these experiences.

Kyndall, her mom, went into organ failure 26 weeks into her pregnancy. She almost died and Brezlynn had to be delivered early.

In her first few months of life, she faced many complications, from needing to be resuscitated eight times to severe brain bleeds. Her early health issues have caused long-term impacts but Brezlynn's positive spirit and the support or her family and TVCC are helping her thrive.

Brezlynn and her family became connected with TVCC three years ago, shortly after Kyndall moved back home to Ontario from the United States. They have benefitted from the Cerebral Palsy Specialty Clinic, Splinting and Casting and other important programs that are strengthened through donor generosity.

"TVCC has gone above and beyond for our family. Even during the global pandemic, they never treated her like a number," says Kyndall. "They always want the best for her."

With your support, TVCC was able to adapt quickly to continue offering safe and impactful rehabilitative care during the global pandemic. Families can access a wraparound of services in-person or virtually, depending on current restrictions and the needs of the child.

"My hope for Brezlynn is for her to live an independent life. With her daily struggles but ongoing progress, she amazes me every day. When you think she is not paying attention or it's not sinking in, out of nowhere she does it or says it! It was hard to hear when she was a baby she wouldn't walk, talk or do anything. She has been proving people wrong all the time," says Kyndall.

"Every day she tells me when she grows up she wants to be a mother and I really hope that can happen for her. She has an amazing heart and soul! I'm thankful to everyone who has stood by her."

2020-2021 FUNDRAISING REVENUE

HOW YOU STOOD BY OUR KIDS AND SUPPORTED BEST CARE IN OUR REGION:

\$9,765,802





6 health professional training opportunities



5 family navigationand comfort programs





\$1.2 million

invested in rehabilitative service programs at TVCC

\$4.3 million

invested in specialized paediatric health care and programs at Children's Hospital

\$1.9 million

supported innovative research at CHRI



INNOVATING TO ENABLE PROMISING FUTURES

You helped TVCC to adapt and continue providing expert rehabilitation care to our kids.

TVCC works to support children and their families to achieve the highest possible quality of life. The services offered support a range of special needs, including physical disability, communication disorders, developmental delays and autism spectrum disorders.

Your generosity last year helped to raise about \$1.2 million for TVCC's important work. When COVID-19 became a significant concern locally, donations supported TVCC to adapt quickly to continue providing expert rehabilitation services to about 11,000 clients. The staff team implemented a hybrid model of virtual and inperson care to safely and appropriately meet the needs of young clients.

TVCC remained committed to delivering family-centred care throughout these times of uncertainty. They introduced initiatives, such as TVCC Caregivers Connecting, Virtual Campfire, Virtual Music programming and more, to foster connection and community spirit when it was needed most. TVCC leadership and staff are proud of the innovations they have achieved with the help of Children's Health Foundation donors and believe the growth will have a long-term positive impact on how they deliver transforming care.

CHILD HEALTH RESEARCH REMAINS A PRIORITY

You ensured that ground-breaking research continued, building a better future for our children.

Children's Health Research Institute (CHRI) is the third largest hospital-based child health research institute in Canada. It has a long and proud history of discovering ways to prevent and treat diseases affecting infants, children and youth, and to determine ways to promote happy, healthy lives.

Donations this past year, from caring individuals like you, totalled more than \$1.9 million and supported CHRI in amassing global pandemic knowledge while continuing to drive forward ground-breaking maternal and child health research. CHRI closed its labs early in the global pandemic but slowly returned to full capacity with safety precautions in place.

CHRI scientist Dr. Doug Fraser pivoted his expertise in biomarkers to predict which COVID-19 patients are likely to become severely ill. Additionally, he uncovered a mechanism causing blood clots in this same population. Other pandemic-related research investigated the impact of COVID-19-related stress on pregnant women and if pregnancy could protect mothers from experiencing severe cases.

CHRI scientists also launched projects exploring mental health related emergency department use among children in Ontario, childhood food insecurity and health care utilization in Ontario and predictors of chronic pain and related conditions among children who experience acutely painful medical conditions or procedures, among other valuable research initiatives which may not have been possible without your kindness.









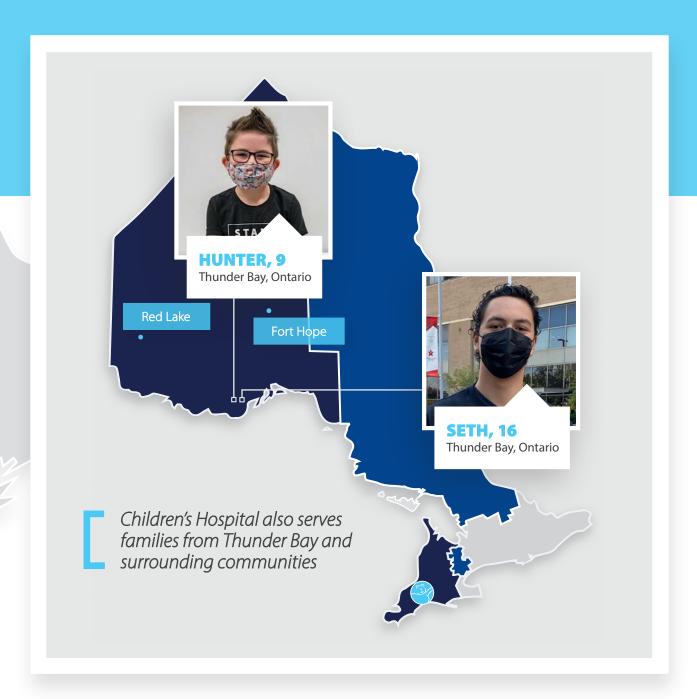




Our health care professionals have acted heroically this past year to keep us all healthy and safe. They have been bold, agile and innovative in the face of uncertainty and fear – and for that **we are truly grateful!**

CHILDREN'S HOSPITAL'S AREA OF IMPACT





LEGEND



CHILDREN'S HOSPITAL'S AREA OF SERVICE



CHILDREN'S HOSPITAL, LHSC



SERVICE AREA THAT CHILDREN'S HOSPITAL SHARES WITH OTHER ONTARIO CHILDREN'S HOSPITALS



TVCC LOCATIONS



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Saving lives and improving children's health and quality of life.



Inspiring caring people to donate to support excellence in children's health care and research at Children's Hospital, TVCC, and Children's Health Research Institute.

