



# YOUR VOLUNTEER IMPACT REPORT 2023

## Thank You for your incredible commitment!



**Ashley Elliot**  
Volunteer Engagement Coordinator  
*Children's Health Foundation*

I am in awe of how much enthusiasm you brought this past year! You took up new opportunities, like the bar tent at Rock The Park, and settled beautifully into old favourites, like our Tuesday rounds with Dr. Beary Goode for young inpatients.

At every occasion, I find myself so proud of your dedication to learning new roles and bringing enthusiasm to every opportunity. **You keep me - and our kids - smiling.**

**You are a crucial part of helping Children's Health Foundation fund the best possible care and most possible hope for kids facing life-threatening or life-limiting diagnoses.**

Every time you check in guests at a special event or shout out 50/50 ticket sales at Budweiser Gardens, you help our community learn about Children's Health Foundation and the funds we raise for our children and youth across Western Ontario.

**Your dedication to the lives of our kids who face all kinds of diagnoses is unmatched.**

Before we head into another year of philanthropic fun, I want to reflect on your commitment to us this past year.

**I feel so much joy** knowing incredible people like you are helping ensure our kids have **the best care and most hope.**

All my gratitude,

*Ashley Elliot*

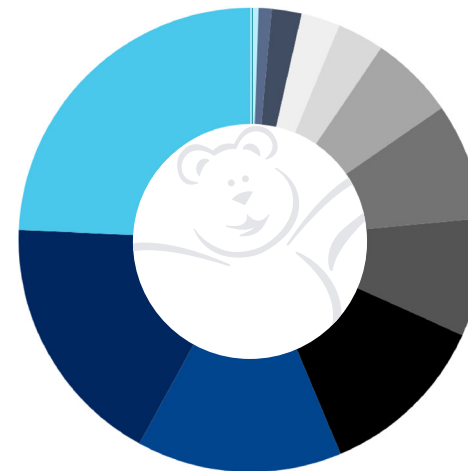
# You Helped Transform Our Kids' Care!

Children's Health Foundation is so fortunate to have **nearly 600 volunteers** with us, bringing awareness to our kids' health care needs and encouraging our community's generosity – including you!

From set up and tear down at each magical Foundation event, hosting your own events, or sharing the story of your health care journey as an ambassador, **you make an incredible difference.**

Thanks to you, our community sees how Children's Hospital, TVCC and Children's Health Research Institute **change the lives of kids** from across Western Ontario. I speak for the whole Foundation when I say we are honoured to work with each and every one of you.

The incredible number of hours you dedicated to our cause from 2023-2024 helped **us surpass our fundraising goal**, and continues to help us fund the health care innovations that save and protect young lives.



- Work Teams**  
1,743 hours | 269 volunteers
- Rock The Park**  
1,398 hours | 158 volunteers
- Budweiser Gardens**  
1,403 hours | 132 volunteers
- 50/50 Ticket Sales**  
1,140 hours | 196 volunteers
- Third Party Events**  
414 hours | 91 volunteers
- Signature Events**  
384 hours | 90 volunteers
- Children's Heroes Ambassadors**  
202 hours | 65 volunteers
- Dr. Beary Goode**  
187 hours | 36 volunteers
- Leadership Volunteers**  
315 hours | 30+volunteers
- Youth Philanthropy Group**  
204 hours | 23 volunteers
- Toy Drive**  
36 hours | 10 volunteers
- Extra Life London**  
60+ hours | 5 volunteers
- Administrative**  
40+ hours | 1 volunteer
- Champion Child**  
100 hours | 1 champion

**500 hundred of our volunteers gave over 7,600 hours.  
That's equal to 318 days' worth of volunteering!**





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I find volunteering at the Children’s Health Foundation so fulfilling. What I enjoy the most is the joy of contributing to a **cause that directly impacts children’s well-being**, and the shared commitment to making a positive difference. As a volunteer, it makes you realize that your contribution of time and support can go so far!

- Ifrah, Volunteer

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I enjoy the canteen; Jim [Canteen Volunteer Lead] is great and the turnout for the Knights’ games is great to see. The Mississauga Majors/steelheads didn’t get this much attention when I was growing up. I enjoy the other volunteers and the workers in the back and front. I love seeing the relationships created between Londoners and people from neighbouring towns bonding over the city’s hockey team.

- Ayrton, Volunteer



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I thoroughly enjoy supporting Children’s Health Foundation and helping in any way I can. During the past few years I have assisted with many fundraising events to help others in need, **being involved in my community gives me greater perspective** and self-awareness of challenging situations, it **touches my heart** to give back and make a difference in the lives of those impacted. Volunteering has enriched my life as well by meeting great people, the staff are amazing and supportive which gives you the happiness and joy to come back. I feel inspired at every volunteer opportunity and I hope to continue to support CHF for many years to come.

- Doris, Volunteer





### INTERESTED IN LEARNING MORE?

Visit our website by scanning  
the QR code above or visit us at

[www.childhealth.ca/volunteer](http://www.childhealth.ca/volunteer)

# THANK YOU

Your time and talents inspire our  
community and help transform  
kids' health care.



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